



EUSD PE Dress Code

Students are expected to use good judgment in their selection of attire on scheduled PE/Health & Wellness days. Parents are encouraged to take an active role in decisions regarding the clothing of their child(ren).

1. Closed toe shoes are required for outside PE games. All students will remove their shoes prior to Health & Wellness class; therefore, shoes that are easy to take on and off are desired.
2. Shirts must be long enough to cover midriff in all activities that require reaching, bending, etc.
3. Loose fitting shirts must be tucked in.
4. All students should dress in comfortable clothing. If a student wears a dress or skirt, shorts or tights must be worn underneath.
5. For classes held outdoors, hats are permitted to provide protection from the sun.



QUESTIONS:

Q: What if my child forgets to wear the required clothing on PE/Health & Wellness days?

A: The teacher or Health & Wellness instructor will provide your child with alternative clothing that can easily be placed underneath or on top of their existing outfit (ex: shorts to go under a dress, large T-shirt to wear over a shirt).

Q: Does my child have to wear the alternative clothing provided by the teacher or Health & Wellness instructor?

A: If a student doesn't meet the above stated dress code expectation, he/she must wear the alternative clothing unless otherwise determined by the teacher or site principal.

Q: How do I know what days my child goes to PE/Health & Wellness classes?

A: Please check with your child's teacher regarding specific schedules.

*If you are interested in donating clothes your child may have grown out of, **we are looking for a variety of sizes (specifically T-shirts and elastic-waist shorts)**. Old soccer uniforms are perfect! Please send all donations to the front office. Thank you!*