

Mighty Monday	Taco Tuesday	Wacky Wednesday	California Thursday	Friday Favorites
2	3	4	5	6
Happy Labor Day!	Bean & Cheese Pupusa Cheese Chili Verde Tamale Chicken & Waffles Sunbutter Jelly Sandwich + String Cheese	Sweet & Sour Chicken with Brown Rice and Fortune Cookie Cheese Quesadilla Zesty Chicken Tortilla Roll-up Yogurt & Granola	Mighty Meatball Marinara Sub Sandwich EUSD BBQ Chicken Pizza EUSD Cheese Pizza Hummus Bistro Box- Hummus, Corn Tortilla Chips, Colby Jack Stick	All Beef Hotdog on Whole grain Bun EUSD Pepperoni Pizza EUSD Cheese Pizza Zeezee Bar + Yogurt & Raisins EUSD Oatmeal Chocolate Chip Cookies
9	10	11	12	13
Cheesy Mac & Cheese Veggie Burger EUSD Cheese Pizza Yogurt & Granola Natural Fruit Popsicle	Slow Roasted Carnitas Taco Natural 100% Beef Hamburger on Whole grain Bun Crispy Chicken Tenders Sunbutter Jelly Sandwich + String Cheese	Orange Chicken & Brown Rice Grilled Cheese Sandwich Grilled Turkey & Cheese Yogurt & Granola	Italian Turkey Sub Sandwich Popcorn Chicken EUSD Sausage & Pepperoni Pizza EUSD Cheese Pizza Hummus Bistro Box- Hummus, Corn Tortilla Chips, Colby Jack Stick	Brunch for Lunch- French Toast & Sausage EUSD Pepperoni Pizza EUSD Cheese Pizza Zeezee Bar + Yogurt & Raisins EUSD Black Bean Brownies
16	17	18	19	20
Bean & Cheese Burrito Crispy Chicken Tenders EUSD Cheese Pizza Yogurt & Granola Natural Fruit Popsicle	Crunchy Turkey Taco Crispy Chicken Sandwich Nacho Lil Bites Sunbutter Jelly Sandwich + String Cheese	Sweet & Sour Chicken with Brown Rice and Fortune Cookie Cheese Quesadilla Yogurt & Granola	EUSD Grass Fed Organic Beef Burrito EUSD Hawaiian Pizza EUSD Cheese Pizza Hummus Bistro Box- Hummus, Corn Tortilla Chips, Colby Jack Stick	Mighty Meatball Marinara Pasta EUSD Pepperoni Pizza EUSD Cheese Pizza Zeezee Bar + Yogurt & Raisins EUSD Chocolate Chip Cookies
23	24	25	26	27
Cheesy Lasagna Roll-up with EUSD Marinara Cheesy Breadstick with Marinara EUSD Cheese Pizza Yogurt & Granola Natural Fruit Popsicle	Bean & Rice Burrito Bowl Yogurt & Berry Parfait with Granola All Beef Hotdog on Whole grain Bun Sunbutter Jelly Sandwich + String Cheese	Orange Chicken & Brown Rice Grilled Cheese Sandwich Grilled Turkey & Cheese Yogurt & Granola	Fiesta Nacho Tower with Carnitas Popcorn Chicken EUSD BBQ Chicken Pizza EUSD Cheese Pizza Hummus Bistro Box- Hummus, Corn Tortilla Chips, Colby Jack Stick	Natural 100% Beef Hamburger or Cheeseburger EUSD Pepperoni Pizza EUSD Cheese Pizza Zeezee Bar + Yogurt & Raisins EUSD Black Bean Brownies

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Spaghetti with EUSD Marinara and Garlic Bread
 Crispy Chicken Tenders
 EUSD Cheese Pizza
 Yogurt & Granola
 Natural Fruit Popsicle

Salad Bars: Fresh, Seasonal, California-Grown!
Unlimited Daily Salad bars are part of every school lunch, featuring EUSD Farm Lab Grown Lettuce and seasonal veggies!
Mondays: California Grown Red Grapes & Jicama
Tuesdays: Super Sliced Apples
Wednesdays: California Grown Plums & Cucumbers
Thursdays: California Grown Watermelon
Fridays: Locally Grown Sliced Valencia Oranges
 Various dressings are offered daily including a option.

Breakfast: Served Daily at OK & PEC
 Breakfast served before school, 7:30-8:00 am
 Student Paid Price: \$2.00, Adult Paid Price: \$3.00

Menu:

- Oatmeal
- Yogurt & Granola
- Bagel & Cream Cheese
- Healthy Cinnamon Crumble
- Maple Mini Pancakes
- Egg & Cheese Wrap
- Harvest Oatmeal Chewy Bars
- Assorted WG Cereal
- Muffin Tops
- String Cheese
- Buttermilk Bars
- New: Cinnamon French Toast

Includes a choice of milk, 100% fruit juice and fresh fruit

Harvest of the Month
"California Grown Plums"
 In September, students will enjoy Plums grown in Fresno, California. Plums are packed full of Vitamin C and Fiber! Students will be able to enjoy these plums on all school salad bars every Wednesday this month!

-Online Meal Payments, School Menus & Nutrition facts, visit our new Mobile Menu App at: www.schoolcafe.com.
 -Free and Reduced Priced meal applications are available online at www.schoolcafe.com, at the school office, or by contacting Child Nutrition Services at 760.944.4300 x 2572.
 -Lunch includes: salad bar, locally sourced milk, entrée and any side items
 -Food Allergies: Most Gluten free entrées are gluten free without the bread/bun/tortilla/etc. Corn tortillas available upon request. Items may be processed in a facility that also processes nuts and other allergens. We serve gluten free items but our kitchens are not gluten free facilities. If your child may need a special meal accommodation, please fill out the Request for Special Meals Form on or Child Nutrition Website and return to your school nurse: <http://www.eusd.net/child-nutrition-services/student-menus-nutrition-and-allergen-information/>
 -This institution is an equal opportunity provider

Menus are subject to change without notice

Contains Pork:
 Gluten Free:
 Vegetarian:
 Scratch-made Fresh Daily:

Lunch Prices:
Students \$4.00
Adults \$5.00,
Adult Salad Bar
only \$4.50