

Mighty Monday	Taco Tuesday	Wacky Wednesday	California Thursday	Friday Favorites
2	3	4	5	6
Spaghetti with EUSD Marinara & Garlic Bread Chicken Chili Verde Tamale EUSD Cheese Pizza Yogurt & Granola Natural Fruit Popsicle	Baja Fish Taco with Alaskan Pollock Bean & Cheese Pupusa Chicken & Waffles Sunbutter Jelly Sandwich + String Cheese	Sweet & Sour Chicken with Brown Rice and Fortune Cookie Cheese Quesadilla Bean & Cheese Quesadilla Yogurt & Granola	Chicken Meatball Sub Sandwich with EUSD Marinara EUSD BBQ Chicken Pizza EUSD Cheese Pizza Hummus Bistro Box- Hummus, Corn Tortilla Chips, Colby Jack Stick 	Natural 100% Beef Hamburger or Cheeseburger EUSD Pepperoni Pizza EUSD Cheese Pizza Yogurt & Blueberry Muffin Double Chocolate Cookies
9	10	11	12	13
Cheese Raviolis with EUSD Marinara EUSD Margarita Pizza EUSD Cheese Pizza Yogurt & Granola Natural Fruit Popsicle	Slow Roasted Carnitas Taco Mac & Cheese Crispy Chicken Tenders Sunbutter Jelly Sandwich + String Cheese	Orange Chicken & Brown Rice Grilled Cheese Sandwich Yogurt & Granola	Chicken, Mashed Potatoes, & Gravy EUSD Sausage & Pepperoni Pizza EUSD Cheese Pizza Hummus Bistro Box- Hummus, Corn Tortilla Chips, Colby Jack Stick 	Brunch for Lunch- French Toast & Sausage EUSD Pepperoni Pizza EUSD Cheese Pizza Yogurt & Blueberry Muffin EUSD Black Bean Brownies
16	St. Patrick's Day 17	18	19	20
Bean & Cheese Burrito Cheesy Breadstick w/ Parmesan & Marinara EUSD Cheese Pizza Yogurt & Granola Natural Fruit Popsicle	Shredded Chicken Taco Crispy Chicken Sandwich Bean & Cheese Pupusa Freshly-made Guacamole (student created recipe!) Sunbutter Jelly Sandwich + String Cheese	Sweet & Sour Chicken with Brown Rice and Fortune Cookie Cheese Quesadilla Roasted Corn & Chicken Tortilla Roll-up Yogurt & Granola	Fiesta Nacho Tower with Seasoned Beef EUSD Hawaiian Pizza EUSD Cheese Pizza Hummus Bistro Box- Hummus, Corn Tortilla Chips, Colby Jack Stick 	Spaghetti with EUSD Marinara & Garlic Bread EUSD Pepperoni Pizza EUSD Cheese Pizza Yogurt & Blueberry Muffin EUSD Oatmeal Chocolate Chip Cookies
23	24	25	26	27
Cheese Lasagna Roll-up with EUSD Marinara Cheese Quesadilla EUSD Cheese Pizza Yogurt & Granola Natural Fruit Popsicle	Crunchy Beef Taco All Beef Hotdog on WG bun Cheese Chili Verde Tamale Sunbutter Jelly Sandwich + String Cheese	Orange Chicken & Brown Rice Grilled Cheese Sandwich Yogurt & Granola	Turkey & Cheese Sandwich EUSD BBQ Chicken Pizza EUSD Cheese Pizza Hummus Bistro Box- Hummus, Corn Tortilla Chips, Colby Jack Stick 	Cheesy Mac & Cheese with Popcorn Chicken EUSD Pepperoni Pizza EUSD Cheese Pizza Yogurt & Blueberry Muffin EUSD Black Bean Brownies

Salad Bars: Fresh, Seasonal, California-Grown!
 Unlimited Daily Salad bars are part of every school lunch, featuring EUSD Farm Lab Grown Lettuce and seasonal veggies!
Mondays: Halo Mandarin Oranges & Jicama
Tuesdays: Petite Bananas & Cucumbers
Wednesdays: Locally Grown Kumquats
Thursdays: Super Sliced Apples & Celery Sticks
Fridays: California Grown Sliced Valencia Oranges
 Various dressings are offered daily including a option.

Breakfast: Served Daily at OK & PEC
 Breakfast served before school, 7:30-8:00 am
 Student Paid Price: \$2.00, Adult Paid Price: \$3.00
Menu:
 -Oatmeal -Harvest Oatmeal Chewy Bars
 -Yogurt & Granola -Assorted WG Cereal
 -Bagel & Cream Cheese -Muffin Tops
 -Healthy Cinnamon Crumble -String Cheese
 -Maple Mini Pancakes -Buttermilk Bars
 -Egg & Cheese Wrap -Cinnamon French Toast
 Includes a choice of milk. 100% fruit juice and fresh fruit

Lunch Prices
Students: \$4.00
Adults: \$5.00
Adult Salad Bar only: \$4.50



Harvest of the Month
"Locally Grown Kumquats"
 In March, students will enjoy locally grown Kumquats from Fallbrook, CA. Kumquats are a small oval citrus fruit that resemble a tiny orange, and are eaten with skin on. Kumquats are packed full of Vitamin A, E and C and will be on all school salad bars every Wednesday this month!

-Online Meal Payments, School Menus & Nutrition facts, visit our new Mobile Menu App at: www.schoolcafe.com.
 -Free and Reduced Priced meal applications are available online at www.schoolcafe.com, at the school office, or by contacting Child Nutrition Services at 760.944.4300 x 2572.
 -Lunch includes: salad bar, locally sourced milk, entrée and any side items
 -Food Allergies: Most Gluten free entrées are gluten free without the bread/bun/tortilla/etc. Corn tortillas available upon request. Items may be processed in a facility that also processes nuts and other allergens. We serve gluten free items but our kitchens are not gluten free facilities. If your child may need a special meal accommodation, please fill out the Request for Special Meals Form on or Child Nutrition Website: <http://www.eusd.net/child-nutrition-services/student-menus-nutrition-and-allergen-information/>
 * This institution is an equal opportunity provider **Menu are subject to change without notice**

Contains Pork:
 Gluten Free:
 Vegetarian:
 Scratch-made Fresh
 Daily: