

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
Chicken & Waffles Mozzarella Stuffed Breadsticks ✓ Yogurt & Granola ✓ ^{GF}	Chicken & Waffles Mozzarella Stuffed Breadsticks ✓ Yogurt & Granola ✓ ^{GF}	Cheese Raviolis with EUSD Marinara ✓ ^{GF} All-Natural Beef Cheeseburger Yogurt & Granola ✓ ^{GF}	Cheese Raviolis with EUSD Marinara ✓ ^{GF} All-Natural Beef Cheeseburger Yogurt & Granola ✓ ^{GF}	Childcare Sites: Crispy Chicken Sandwich Yogurt & Granola ✓ ^{GF}
11	12	13	14	15
Orange Chicken & Brown Rice Bean & Cheese Burrito ✓ ^{GF} Yogurt & Granola ✓ ^{GF} Fortune Cookie ✓	Orange Chicken & Brown Rice Bean & Cheese Burrito ✓ ^{GF} Yogurt & Granola ✓ ^{GF} Fortune Cookie ✓	EUSD Spaghetti & Marinara with Chicken Meatballs ✓ ^{GF} Organic Chicken Tortilla Roll-up ✓ ^{GF} Yogurt & Granola ✓ ^{GF}	EUSD Spaghetti & Marinara with Chicken Meatballs ✓ ^{GF} Organic Chicken Tortilla Roll-up ✓ ^{GF} Yogurt & Granola ✓ ^{GF}	Childcare Sites: Cheese Quesadilla ✓ ^{GF} Yogurt & Granola ✓ ^{GF}
18	19	20	21	22
Martin Luther King Jr. Day Holiday	Cheese Quesadilla ✓ ^{GF} Brunch for Lunch ✓ ^{GF} Yogurt & Granola ✓ ^{GF}	Grass Fed Beef Hotdog Fiesta Nacho Tower ✓ with Roasted Carnitas ✓ ^{GF} ✓ ^{GF} Yogurt & Granola ✓ ^{GF}	Grass Fed Beef Hotdog Fiesta Nacho Tower ✓ with Roasted Carnitas ✓ ^{GF} ✓ ^{GF} Yogurt & Granola ✓ ^{GF}	Childcare Sites: Orange Chicken & Brown Rice Yogurt & Granola ✓ ^{GF}
25	26	27	28	29
Macaroni & Cheese with Chicken Bites ✓ ^{GF} Grilled Cheese Sandwich ✓ Yogurt & Granola ✓ ^{GF}	Macaroni & Cheese with Chicken Bites ✓ ^{GF} Grilled Cheese Sandwich ✓ Yogurt & Granola ✓ ^{GF}	Crispy Chicken Sandwich EUSD Cheese Pizza ✓ ^{GF} Yogurt & Granola ✓ ^{GF}	Crispy Chicken Sandwich EUSD Cheese Pizza ✓ ^{GF} Yogurt & Granola ✓ ^{GF}	Childcare Sites: Chicken Tenders Yogurt & Granola ✓ ^{GF}

FREE Take-Home Meal Bags

(For Students to take home while distance learning)

FREE 3-day Meal bags (3 Breakfasts & 3 Lunches) will be available for pick-up at the end of the school day on **Monday & Tuesday** each week from **1:45 pm -2:45 pm**.

Meals available at all 9 schools. Ask your school site for specific locations.

These meal bags are free for all children ages 2-18 and are intended to feed children on the days they are home distance learning.

Please pick up your child's meal bag on the days they are on campus.

Only one meal bag per child per week.

Cloud Campus Students:

A full weeks-worth of meals (5 breakfasts & 5 lunches) will be offered every **Friday** from **11 am-12 pm** at **El Camino Creek Elementary** to the left of the front office.

**Meals are FREE for
all students (All Year)**
Adults: \$5.00

Contains Pork: 
Gluten Free: ^{GF}
Vegetarian: ✓
Scratch-made Fresh Daily: 

Breakfast: Served Daily at OK & PEC

Breakfast served daily before school

Menu:

- Maple Belgian Waffle
 - Yogurt & Granola
 - Bagel & Cream Cheese
 - String Cheese
 - Maple Mini Pancakes
 - Assorted WG Cereal
 - Whole Grain Muffins
- Includes a choice of milk, 100% fruit juice and fresh fruit

-Online Meal Payments, School Menus & Nutrition facts, visit our new Mobile Menu App at: www.schoolcafe.com.

-Free and Reduced Priced meal applications are available online at www.schoolcafe.com, at the school office, or by contacting Child Nutrition Services at 760.944.4300 x 2572.

-Lunch includes: 1 entrée, locally sourced milk, assorted fruits/veggies and any side items

-Food Allergies: Most Gluten free entrées are gluten free without the bread/bun/tortilla/etc. Corn tortillas available upon request. Items may be processed in a facility that also processes nuts and other allergens. We serve gluten free items but our kitchens are not gluten free facilities. If your child may need a special meal accommodation, please fill out the Request for Special Meals Form on or Child Nutrition Website and return to your school nurse:

<http://www.eusd.net/child-nutrition-services/student-menus-nutrition-and-allergen-information/>

-This institution is an equal opportunity provider

Menus are subject to change without notice



Encinitas Union School District

**GREEN
GARDEN
CAFE**

fuel for school